

WEEKLY MENU REPTON PREP SCHOOL, FOREMARKE HALL – MONDAY 18th JUNE – SUNDAY 24TH JUNE 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
FRESHLY BAKED CROISSANTS, PRESERVES AND HONEY JANE'S PORRIDGE, JUICES, FRUIT, TOAST, CEREALS AND PRESERVES	GRILLED BACON, HASH- BROWNS, MUSHROOMS BAKED BEANS JANE'S PORRIDGE, JUICES, FRUIT, TOAST, CEREALS AND PRESERVES	POACHED EGGS, HASH BROWNS, BAKED BEANS, MUSHROOMS, BLACK PUD JANE'S PORRIDGE, JUICES, FRUIT, TOAST, CEREALS AND PRESERVES	GRILLED SAUSAGE, HASH BROWNS, BAKED BEANS, PLUM TOMATOES JANE'S PORRIDGE, JUICES, FRUIT, TOAST, CEREALS AND PRESERVES	CHEESED OFF CRUMPETS, TOPPED WITH BACON, BAKED BEANS JANE'S PORRIDGE, JUICES, FRUIT, TOAST AND PRESERVES	AMERICAN STYLE HOME- BAKED MUFFINS JUICES, FRUIT, TOAST, CEREALS AND PRESERVES	TRADITIONAL FULL ENGLISH BREAKFAST JUICES, FRUIT, TOAST, CEREALS AND PRESERVES
HUNTERS CHICKEN, FRESH BREAST OF CHICKEN TOPPED WITH A SMOKEY BBQ SAUCE FINISHED UNDER THE GRILL WITH CHEDDAR CHEESE AND SMOKED BACON PIECES INDIVIDUAL PAN FRIED GARLIC MUSHROOM, PESTO AND GOATS CHEESE TARTLET FINISHED WITH A BALSAMIC GLAZE CHOCOLATE CORNFLAKE SLICE	TRADITIONAL BUTCHERS HOMEMADE FAGGOTS GENTLY BRAISED IN A RICH CARAMELISED ONION AND RED WINE GRAVY SERVED WITH MUSHY PEAS PENNE PASTA WRAPPED WITH A SWEET TOMATO, FRESH BASIL AND MASCARPONE SAUCE SERVED WITH A GARLIC BREAD SLICE AND GRATED PARMESAN CHEESE CREAMED RICE PUDDING AND BERRY JAM	BEEF IN RED WINE, GENTLY BRAISED DERBYSHIRE REARED BEEF STEAK SLOW COOKED WITH MELTING ONIONS IN A RICH RED WINE AND THYME GRAVY SERVED OVER A FRESHLY BAKED YORKSHIRE PUDDING A STEAMING BOWL OF HOMEMADE LEEK AND POTATO SOUP GARNISHED WITH GOLDEN CROUTONS AND CRISPY SHALLOTS SERVED WITH A CHOICE OF HOMEMADE CHEESE SCONE OR WARM BAGUETTE AND BUTTER DAIRY ICE CREAM	CHICKEN KORMA, FRESH BONELESS BREAST OF CHICKEN COOKED WITH AUTHENTIC INDIAN SPICES WITH CREAMED COCONUT AND CREAM TO GIVE A MILD CREAMY CURRY FINISHED WITH FRESH CORIANDER AND SERVED ON A BED OF STEAMED RICE MUSHROOM, RED PEPPER AND SPINACH LASAGNE SERVED WITH PARMESAN CHEESE PEAR AND CHOCOLATE CHIP CRUMBLE AND CUSTARD	FRIDAY SPECIAL PIZZA DAY CHOOSE A WEDGE OF YOUR FAVOURITE FOREMARKE MADE DEEP PIZZAS HAM AND PINEAPPLE CHEESE AND TOMATO PEPPERONI SEASONED CHIPS, GARDEN PEAS, BAKED BEANS, COLESLAW A SELECTION OF SELF SERVE SALAD ITEMS WILL BE AVAILABLE WITH CHEESE AND MEATS SELECTION OF PUDDINGS, CUSTARD	SPORTS DAY	DEEP FILLED MINCED BEEF AND ONION PIE, FRESH DERBYSHIRE REARED MINCED BEEF SLOW COOKED WITH MELTING ONIONS IN A RICH GRAVY TOPPED WITH A GOLDEN SHORTCRUST CROWN VEGETARIAN DISH OF THE DAY DESSERT OF THE DAY
FULL SALAD BAR	FULL SALAD BAR	FULL SALAD BAR	FULL SALAD BAR			
HOT ROAST PORK BAP SERVED WITH SAGE AND ONION STUFFING, APPLE SAUCE, GRAVY AND HOT ROAST POTATOES HOMEMADE SOUP OF THE DAY SERVED WITH WARM BAGUETTE, DAIRY BUTTER	THE FOREMARKE DELE BAR A FRESHLY BAKED BAGUETTE FILLED TO ORDER WITH A CHOICE OF HOME-PREPARED FILLINGS, GARNISHES AND SERVED WITH A PACKET OF WALKERS CRISPS	TRADITIONAL FRESHLY BAKED CORNISH PASTIES OR CHICKEN SLICES SERVED WITH A CHOICE OF GRAVY OR BAKED BEANS TRADITIONAL GLAMORGAN SAUSAGES (CHEESE AND LEEK) SERVED WITH MASH AND BEANS	HONEY GLAZED STICKY CHICKEN STRIPS SERVED IN A WRAP WITH FRESH SALAD, AND DRESSINGS STAFFORDSHIRE OATCAKE FILLED WITH FRESH TOMATO AND CHEESE SERVED WITH BAKED BEANS	FILLET OF COD DEEP FRIED SERVED WITH FRESH LEMON WEDGE, TARTARE SAUCE HOMEMADE SOUP OF THE DAY SERVED WITH WARM BAGUETTE, BUTTER	LEAVERS BALL	McFOREMARKE A CHOICE OF EITHER CRISPY BATTERED CHICKEN NUGGETS OR BREADED VEGETABLE NUGGETS, SERVED WITH FRIES, BAKED BEANS, FRESH SALAD ITEMS AND A CHOICE OF DIPPING SAUCES

Food Allergies and intolerances: before for you select your food please speak to a member of staff if you want to know about our ingredients

Menu options: please note all dishes listed are subject to ingredients availability

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