



RESILIENCE

Ability not to let things get you down;
to recover quickly from setbacks.



FLEXIBILITY

The ability to change your ideas according to circumstances



PERSISTENCE

To keep carrying on despite problems, difficulties or obstacles



CURIOSITY

To be eager to know about something or to get information



MOTIVATION

A desire to do something as well as you possibly can - to do your best



RISK TAKING

To have a go at something, even if there is a chance that it might go wrong.