

**WEEKLY MENU REPTON PREP SCHOOL, FOREMARKE HALL – MONDAY 16<sup>TH</sup> – SUNDAY 22<sup>ND</sup> APRIL 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	ALL BUTTER CROISSANTS WITH PRESERVES, HONEY  JANE'S PORRIDGE, JUICES, FRUIT, TOAST AND PRESERVES, CEREALS	POACHED EGGS, HASH BROWNS, BAKED BEANS FRIED BREAD, PLUM TOMATOES  JANE'S PORRIDGE, JUICES, FRUIT, TOAST AND PRESERVES, CEREALS	GRILLED BACON, BAKED BEANS, HASH BROWN, BUTTERED MUSHROOMS  JANE'S PORRIDGE, JUICES, FRUIT, TOAST AND PRESERVES, CEREALS	CONTINENTAL STYLE BREAKFAST, CRUSTY BREAD, CHEESES, MEATS AND FRESH TOMATO  JANE'S PORRIDGE, JUICES, FRUIT, TOAST AND PRESERVES, CEREALS	GRILLED SAUSAGE, BAKED BEANS, HASH-BROWN, GRILLED TOMATO  JUICES, FRUIT, TOAST AND PRESERVES, CEREALS	WARM BELGIAN WAFFLES SERVED WITH SYRUP  JUICES, FRUIT, TOAST AND PRESERVES, CEREALS
<p><b>STAFF INSET DAY</b> SEARED FRESH CHICKEN STRIPS, SMOKED BACON IN A STICKY HONEY AND WHOLEGRAIN MUSTARD GLAZE WITH FRESH AVOCADO SERVED IN A SOFT WRAP WITH CRISP SALAD ITEMS AND A FRESH HONEY AND MUSTARD VINAIGRETTE DRESSING</p> <p>A BOWL OF FRESH LEEK AND POTATO SOUP SERVED WITH CRISPY GOLDEN CROUTONS AND CRISPY SHALLOTS WITH A CHOICE OF HOMEMADE CHEESE SCONE OR WARM FRENCH BAGUETTE AND DAIRY BUTTER</p> <p>SELECTION OF FRESH FRUIT AND YOGURTS</p>	<p>FOREMARKE CHILLI CON CARNE, NOT TO HOT AND NO BEANS! MADE WITH DERBYSHIRE REARED MINCED BEEF AND FINISHED WITH FRESH CORIANDER, SERVED WITH STEAMED RICE, NACHOS AND SOUR CREAM WITH CHIVES</p> <p>CHESTNUT MUSHROOM, RED PEPPER AND BABY-LEAF SPINACH LASAGNE</p> <p>FRESH BANANA, VANILLA ICE-CREAM AND HOT CHOCOLATE SAUCE</p> <p>APPLE CRUMBLE AND CUSTARD</p>	<p>ROAST CHICKEN, SMOKED PANCHETTA AND ROAST POTATOES, STRIPS OF ROAST CHICKEN AND PANCHETTA WRAPPED WITH A GRUYERE CHEESE SAUCE FINISHED WITH MINI GARLIC AND ROSEMARY ROAST POTATOES BAKED UNTIL GOLDEN AND BUBBLING</p> <p>ROASTED SWEET POTATO, BUTTERNUT SQUASH SPINACH AND CHICKPEA CURRY SERVED WITH STEAMED RICE, POPPADUM'S AND MANGO CHUTNEY</p> <p>CHOCOLATE OAT DELIGHT AND CHOCOLATE CUSTARD</p>	<p>SMOKED HADDOCK FLORENTINE BAKE, CHUNKS OF BONELESS SMOKED HADDOCK WITH WILTED SPINACH BOUND IN A RICH CHEESE SAUCE TOPPED WITH MINI HERBED ROASTED POTATOES AND CHEESE AND BAKED UNTIL BUBBLING</p> <p>PENNE PASTA WRAPPED WITH A SIMPLE SWEET TOMATO AND FRESH BASIL SAUCE SERVED WITH A CHUNK OF GARLIC BREAD AND FRESHLY GRATED PARMESAN CHEESE</p> <p>PEACH MELBA WITH VANILLA ICE CREAM, PEACHES AND RASPBERRY SAUCE</p>	<p>HAND CARVED TO ORDER ROAST LOIN OF STAFFORDSHIRE REARED PORK SERVED WITH SAGE AND ONION STUFFING, BRAMLEY APPLE SAUCE, PAN ROAST GRAVY</p> <p>FRESH BROCCOLI AND SOMERSET CREAMY BRIE BAKE FINISHED WITH A BUTTER CRUMB TOPPING BAKED UNTIL GOLDEN AND BUBBLING</p> <p>STEAMED SYRUP SPONGE AND CUSTARD</p>	<p>CHICKEN TIKKA MASALA, BONELESS BREAST OF CHICKEN MARINATED IN TIKKA SPICES COOKED IN AUTHENTIC SPICED MASALA SAUCE FINISHED WITH CREAM AND YOGURT SERVED WITH STEAMED RICE</p> <p>QUORN ORIENTAL VEGETABLE AND EGG NOODLE CHOW MEIN SERVED WITH PRAWN CRACKERS</p> <p>SELECTION OF HOMEMADE PUDDINGS OF THE DAY</p>	<p>TRADITIONAL CHEFS ROAST OF THE DAY SERVED WITH ALL THE TRIMMINGS AND PAN ROAST GRAVY</p> <p>VEGETARIAN DISH OF THE DAY</p> <p>DESSERT OF THE DAY</p>
	FULL SALAD BAR	FULL SALAD BAR	FULL SALAD BAR	FULL SALAD BAR		
	<p><b>PIZZA NIGHT</b></p> <p>WEDGES OF HOMEMADE PIZZA SERVED WITH FRIES, AND A CHOICE OF BAKED BEANS GARDEN PEAS HOMEMADE SLAW</p>	<p>FRESH SOUTHERN FRIED CHICKEN STRIPS SERVED IN A SOFT WRAP WITH FRESH INDIVIDUALLY SERVED SALAD ITEMS, SERVED WITH A CHOICE OF DRESSINGS</p> <p>VEGETABLE SPRING ROLLS SERVED WITH A SWEET AND SOUR SAUCE, AND STEAMED RICE</p>	<p>TOAD OUT OF THE HOLE MADE WITH BETTYS NATIVE BREED REARED PORK SAUSAGE IN A RICH ONION GRAVY SERVED WITH A YORKSHIRE PUDDING</p> <p>POACHED EGGS SERVED ON CHEESED OFF TOASTED THICK CUT BLOOMER BREAD</p>	<p>COD FISH FINGERS SERVED WITH FRESH LEMON WEDGE AND TARTARE SAUCE</p> <p>HOMEMADE SOUP OF THE DAY SERVED WITH WARM FRENCH BAGUETTE AND DAIRY BUTTER</p>	<p>BABY PURE BEEF MEATBALLS IN A RICH TOMATO SAUCE SERVED ON A BED OF SPAGHETTI WITH PARMESAN CHEESE</p>	<p><b>McFOREMARKE</b></p> <p>A CHOICE OF EITHER CHICKEN BREAST NUGGETS OR VEGETABLE NUGGETS SERVED WITH A CHOICE OF DIPS, SEASONED FRIES, MIXED SALAD OR BAKED BEANS</p>

**Food Allergies and intolerance's:** before for you select your food please speak to a member of staff if you want to know about our ingredients

**Menu options:** please note all dishes listed are subject to ingredient's availability

--	--	--	--	--	--	--

**Food Allergies and intolerance's:** before for you select your food please speak to a member of staff if you want to know about our ingredients

**Menu options:** please note all dishes listed are subject to ingredient's availability